

## Now that you have learned "Paperless" Paper Piecing...

Be sure to sign up in March for these stunning blocks, a design from Carol Doak.

The "paperless" pattern and all of the fabric except the yellow will be provided.

Each person will make one quarter of the block, and if enough participate there will be three lucky winners of a table runner.



## 2019 Technique Introduction: "Paperless" Paper Piecing Block of the Month

### February—Mug Rug

Prepared by Nan Scott (541-547-5470)



Finished Mug Rug measures 4" x 4"

**Materials Provided:** This pattern, instruction at Guild Meeting 2/14, Freezer Paper Pattern, two 4 1/4" squares of Insul-Bright for batting.

**You Provide:** All materials of your choice and colors. Rotary Cutter. An Add-a-Quarter ruler is recommended.

If you appreciate the accuracy of paper piecing, but don't like having to remove all that paper when you finish, you will like "paperless" paper piecing which uses freezer paper folded along sewing lines and then unfolded and pressed to hold each piece in place. When you have finished, the pattern can be removed and used again several times. You still get the accuracy of paper piecing, and you can check to make sure your piece is big enough before committing.

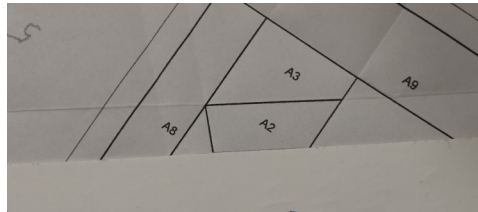
### Cut List in inches:

Cut the freezer paper pattern out with at least 1/2 inch white space surrounding the pattern. You can then use the freezer paper numbers along the side to iron to the pieces as identification.

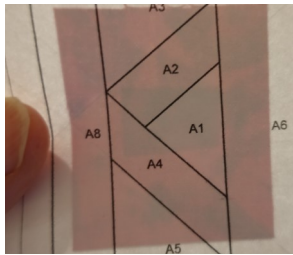
A1 1.75 x 2	A4 2.75 x 1.5	A7 1.5 3.75	A10 1.5 x 5
A2 2.25 x 1.5	A5 2 x 2.25	A8 1.5 x 3.75	Back 4.5 x 4.5
A3 2 x 2	A6 3 x 3.75	A9 1.75 x 5	

### Prepare the pattern:

Using a piece of cardstock, carefully fold the pattern along each of the seam lines starting with the line between A1 and A2. Continue on through the line between A9 and A10. Accuracy counts here—don't stray from the line.



### First Piece:



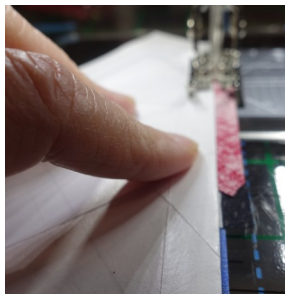
Take the piece you cut and identified as #1 and position it with the wrong side of the fabric next to the shiny unprinted side of the freezer paper so that the entire pattern labeled A1 is covered. Hold it up to the light to make sure you have it covered then press it to the freezer paper with a DRY iron. Press from the

printed side. This will hold the piece in place without the use of pins. Then fold the pattern back along the line between A1 and A2 and trim the excess to 1/4th inch using the add-a-quarter ruler or one with quarter inch markings.



### Add second piece and sew:

Now take the piece you cut for #2 and place it RIGHT sides together with #1 lining up with the quarter inch edge of #1. Take this to your sewing machine and with a straight stitch sew the two pieces together aligning the needle of the machine along the edge of the folded pattern paper. Go slowly and keep the needle as close to the paper as possible, but don't sew through the paper. Unfold the pattern paper and finger-press the seam between #1 and #2. Then with the iron and from the printed side of the pattern, press the pieces flat.



### Continue with subsequent pieces in order:

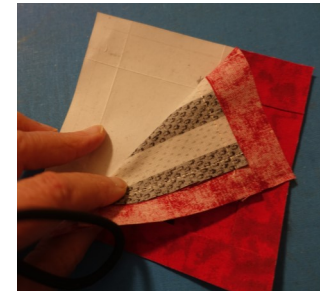
Refold the pattern now along the line between #2 and #3. Using the Add-a-Quarter ruler, trim any excess from #2. With right sides together add #3. Sew along fold line. Unfold pattern. Finger press the seam between #2 and #3. With the iron and from the printed side of the pattern, press all of the pieces flat.

Continue with each subsequent piece in order following the same procedure as outlined above. Pieces at the outer edges should extend beyond the outside line of the pattern (the seam allowance).



When all 10 pieces have been added and the pattern is complete, trim the entire block to the outside line of the pattern to measure 4.5" square. The printed part of the pattern will be on the back of the pieced square, still intact and ready to be used again.

And now comes the cool part... Just pull the freezer paper pattern from the back of the 4.5" pieced square and there is no paper to pick from any seam. What is more, you can reuse the pattern five or six times more.



### Completing the Mug Rug:

Match your 4.5" square back fabric with your pieced mug rug RIGHT sides together. Place the Insul-Bright square centered on top of the wrong side of the back with the shiny side facing up. The Insul-Bright will be about an eighth of an inch smaller all the way around.

Beginning about an inch from the outside corner of the last piece you added (#10), back tack and continue sewing 1/4th inch from the edge around the mug rug. Stop and back tack when you get one inch past the 4th corner. This will leave about a two inch opening to allow you to turn the rug right side out. Once you have turned right side out, edge stitch around all 4 sides to close the opening.

Finally "quilt" the rug by stitching in the ditch around the mug in the center. Reuse the pattern and make another using the second Insul-Bright square if you like to reinforce the technique.

Be sure to bring your mug rugs to Show and Share at the next meeting, and **RETURN THE PLASTIC PATTERN BAG.**